

Week 1 commencing 27th Oct & 24th Nov 2014. 5th Jan, 2nd Feb, 2nd Mar & 30th March 2015



Week 2 commencing 3rd Nov & 1st Dec 2014. 12th Jan, 9th Feb & 9th March 2015



| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
|   | Cook's Choice of Homemade Soup   |  |  | Cook's Choice of Homemade Soup   |
| ■ Crispy Crumb Turkey Steak served in a Bun with Seasonal Vegetable & Fruit Bites<br>● Traditional Macaroni & Cheese V          | ■ Breaded Fillet of Peterhead Haddock<br>● Ham Tagliatelle   | ■ Chicken Fajita Wrap<br>● Our Butcher's Recipe Pork Sausages  | ■ Aberdeenshire Roast Beef served with a Yorkshire Pudding<br>● Panini filled with Cheddar Cheese V & served with Seasonal Vegetable & Fruit Bites | ■ Traditional Chicken Pie<br>● Homemade Beef Lasagne served with Garlic Bread                            |
| Sliced Beetroot<br>Diced Potatoes   | Garden Peas<br>Chips   | Baked Beans<br>Mashed Potatoes   | Mashed Carrots & Turnips<br>Baby Boiled Potatoes   | Broccoli Florets<br>Mashed Potatoes  |
| <b>Sandwich Platter</b><br>■ Ham and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Seasonal Vegetable & Fruit Bites | <b>Sandwich Platter</b><br>■ Egg Mayonnaise and/or Chicken Sandwiches with Salad Garnish & Melon Wedge | <b>Sandwich Platter</b><br>■ Cheddar Cheese and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Sausage Bite | <b>Sandwich Platter</b><br>■ Chicken and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Seasonal Vegetable & Fruit Bites                | <b>Sandwich Platter</b><br>■ Ham Sandwich and/or Tuna Mayonnaise Wrap served with Salad Garnish & Grapes |
| Seasonal Fruit Crumble served with Custard  | Iced Sponge served with Custard  | Chocolate Brownie served with a Milkshake  | Pear & Ginger Sponge served with Custard   | Peach Melba  |

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
|   |  |   |   | Cook's Choice of Homemade Soup   |
| ■ Homemade Cheese & Tomato Pizza V<br>● Mild Mexican Mince Enchilada  | ■ Chicken Curry served with Long Grain Rice and Naan Bread<br>● Panini filled with Cheddar Cheese & Ham served with Seasonal Vegetable & Fruit Bites | ■ Breaded Fillet of Peterhead Haddock<br>● Homemade Meatballs in Tomato Sauce served with Pasta             | ■ Traditional Roast Chicken served with Gravy & Mealie<br>● Cheese Wheel V  | ■ Our Butcher's Hot Dog Sausage in a Bun served with Tomato Sauce and Seasonal Vegetable & Fruit Bites<br>● Stovies served with Oatcakes |
| Sweetcorn<br>Diced Potatoes   | Garden Peas  | Baked Beans<br>Broccoli Florets<br>Chips  | Mashed Turnip<br>Roast Potatoes   | Sliced Beetroot  |
| <b>Sandwich Platter</b><br>■ Chicken and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Pizza Finger | <b>Sandwich Platter</b><br>■ Egg Mayonnaise and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Seasonal Vegetable & Fruit Bites           | <b>Sandwich Platter</b><br>■ Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish & Melon Wedge | <b>Sandwich Platter</b><br>■ Chicken Mayonnaise Wrap and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Pasta Shapes | <b>Sandwich Platter</b><br>■ Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish & Seasonal Vegetable & Fruit Bites         |
| Milk Pudding served with Fruit  | Chocolate Saucy Sponge served with Custard   | Lemon Drizzle Muffin served with a Milkshake  | Iced Apple Cake served with Custard   | Homemade Oatie Biscuit served with Fruit   |

Menus may be subject to change without notice due to unforeseen circumstances

Bread basket, salad selection, fresh fruit, yoghurts and cheese and biscuits are available as part of each day's menu.

When soup is included on any day's menu this can be enjoyed as an additional course.

We aim to use locally grown and sourced produce where available



Baked potatoes with fillings are available for pre-order each morning.

▲ Vegetarian meals are available on request. Medically prescribed diet menus are available by arrangement.



## Arduathie School

Week 3 commencing 10th Nov & 8th Dec 2014. 19th Jan, 16th Feb & 16th March 2015



## Red and Blue Selection

Week 4 commencing 17th Nov & 15th Dec 2014. 26th Jan, 23rd Feb, 23rd March 2015



| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
|  | Cook's Choice of Homemade Soup   |  |  |  |
| ■ Traditional Chicken Pie<br>● Vegetable & Noodle Stir Fry V   | ■ Breaded Fillet of Peterhead Haddock<br>● Homemade Chicken Lasagne served with Garlic Bread           | ■ Our Butcher's Beef Burger in a Bun served with Seasonal Vegetable & Fruit Bites<br>● Traditional Macaroni & Cheese V                 | ■ Aberdeenshire Steak Mince served with Mealie<br>● Panini filled with Cheddar Cheese V served with Seasonal Vegetable & Fruit Bites | ■ Our Butcher's Recipe Pork Sausages in Gravy served in a Yorkshire Pudding<br>● Barbecued Chicken served with Long Grain Rice |
| Sliced Carrots<br>Mashed Potatoes  | Garden Peas<br>Baked Beans<br>Chips  | Sliced Beetroot<br>Diced Potatoes  | Shredded Cabbage<br>Mashed Potatoes  | Broccoli Florets<br>Roast Potatoes   |
| <b>Sandwich Platter</b><br>■ Chicken and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Melon Wedge | <b>Sandwich Platter</b><br>■ Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish & Grapes | <b>Sandwich Platter</b><br>■ Chicken Sandwich and/or Tuna Mayonnaise Wrap served with Salad Garnish & Seasonal Vegetable & Fruit Bites | <b>Sandwich Platter</b><br>■ Ham and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Seasonal Vegetable & Fruit Bites      | <b>Sandwich Platter</b><br>■ Egg Mayonnaise V and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Sausage Bite       |
| Butterscotch Sponge served with Custard  | Jelly served with Fruit  | Cracknel served with Custard   | Iced Carrot Cake served with Custard   | Chocolate & Orange Muffin served with a Glass of Milk  |

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
|  |   |   | Cook's Choice of Homemade Soup   | Cook's Choice of Homemade Soup  |
| ■ Breaded Fillet of Peterhead Haddock<br>● Spaghetti Bolognese served with Garlic Bread                        | ■ Prime Braised Aberdeenshire Steak served with a Pastry Square<br>● Panini filled with Cheddar Cheese & Ham served with Seasonal Vegetable & Fruit Bites | ■ Our Butcher's Hot Dog Sausage in a Bun served with Tomato Sauce and Seasonal Vegetable & Fruit Bites<br>● Italian Chicken & Tomato Pasta          | ■ Traditional Roast Chicken served with Gravy & Mealie<br>● Fish Nibbles                               | ■ Homemade Cheese & Tomato Pizza V<br>● Chicken Curry served with Long Grain Rice and Naan Bread                |
| Garden Peas<br>Chips   | Shredded Cabbage<br>Mashed Potatoes   | Broccoli Florets<br>Diced Potatoes  | Sliced Carrots<br>Roast Potatoes   | Sweetcorn<br>Baked Beans<br>Mashed Potatoes   |
| <b>Sandwich Platter</b><br>■ Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish & Grated Carrots | <b>Sandwich Platter</b><br>■ Egg Mayonnaise V and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Seasonal Vegetable & Fruit Bites              | <b>Sandwich Platter</b><br>■ Chicken Mayonnaise Wrap and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Seasonal Vegetable & Fruit Bites | <b>Sandwich Platter</b><br>■ Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish & Grapes | <b>Sandwich Platter</b><br>■ Chicken and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Pizza Finger |
| Toffee Apple Cake served with Custard  | Homemade Shortbread served with a Milkshake   | Hot Chocolate Fudge Cake served with Custard  | Sticky Toffee Pudding served with Custard  | Ice Cream served with Fruit   |